

How does the context surrounding body image influence the relationship between people of the same and opposite gender?

Everything in relationships is related in some way.

- People who are referred as plus sized instead of the word “fat” are an easy target for those shame on--even for young children
- It doesn't really matter anymore if you're a celebrity famous icon or not, you can still find yourself the victim of image shaming (Leopold, T.)
- People should stop categorizing and judging women based on their looks and bodies because technically they are teaching young girls to strive for unreachable perfection instead of feeling comfortable, healthy and

happy in their own selves (Leopold, T.)

- Something we all should consider as humans no matter what you look like or the size of your body, is whatever your skin may hold.

Relationships are powerful.

- In today's generation in what we have built of a society, any sign or feature of body imperfection, most in particular being overweight, will bring down the bad side of society (Lyness, D.)
- The consequences caused by the name calling to people on how they look lead to eating disorders which is one of the common effects. But, it isn't the only one, it also may lead to depression and anxiety

(Weiner, Jennifer)

- Talking bad about those who are fat, creating so much fat hatred has become an unwelcoming spread upon people that it

has come to a point where it's now part of the fabrication of our
language and
interactions

Relationships are everywhere.

- The media world culture loves thin. Many models or beauty icons show off amazing impossibly sleek dresses and revealing bikinis and men wear slim-fit shirts or rocking firm abs. (Hetter,K)
- Nasty comments on shing those doesn't only come from mouth to mouth in person but indeed builds a big part on the internet where people do the best to look good on the media to press those who are viewing them just all for the number of “likes” and positive comments just so they can feel good about themselves because that's what the media mainly focuses on.
- When people look at a fat person they don't get to the thought of thinking about “what if that person has a medical condition that caused them to be this big?”. Many don't know the reason behind it and just decide to open their mouth and body shame their

body just because they are much bigger in size. (Lyness, D.)

- Shaming is everywhere you go even for small children in their “friendly” playground. A little girl who is much bigger in size than what she should be gets laughed at by a group of little boys. Children as young as 3 are worrying about being fat.

Relationships change over time.

- The changes your body makes throughout its growing process (puberty) are combined by making you feel accepted by our friends, means it's tempting to compare ourselves with others. (Leopold, T)
- As the culture and society we are today, the bad calling will never go away fully, but..we can try to make the change of trying not to judgmental and everyone having to be 'other'.(Weiner, Jennifer.)

Relationships have rules

- Family life either you may know it or not can also be causing body shaming because some parents or coaches might be too focused on looking a certain way or “making weight” for a sports team whereas parents who criticize their own kid’s looks by commenting; (“why do you wear your hair like that?” or “how come you can't wear clothes that can fit you?”). (Lyness, D.)
- Children are often washed that “skinny” is good and “fat” is bad and many are using the word “fat” to put-down other children

References

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Driving Question:

How does the context surrounding body image influence the relationship between people of the same and opposite gender?

Names of student researchers:

Evelyn Garcia & Stacy Gomez

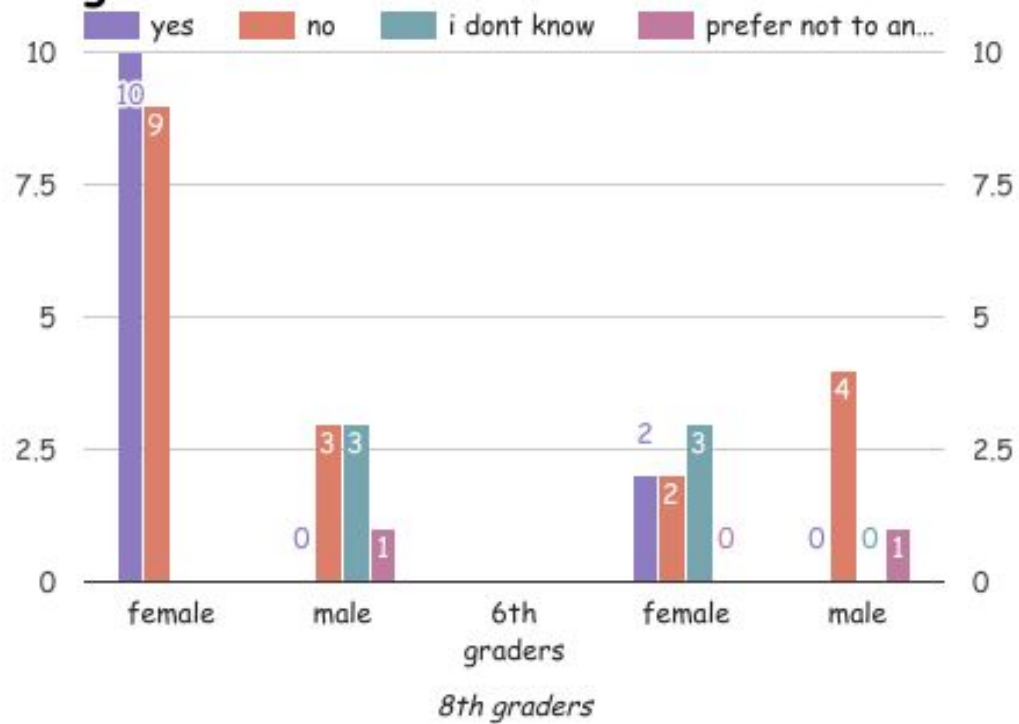
Grade level: 8th

Mentor teacher: Ms.Park and Ms. Peat

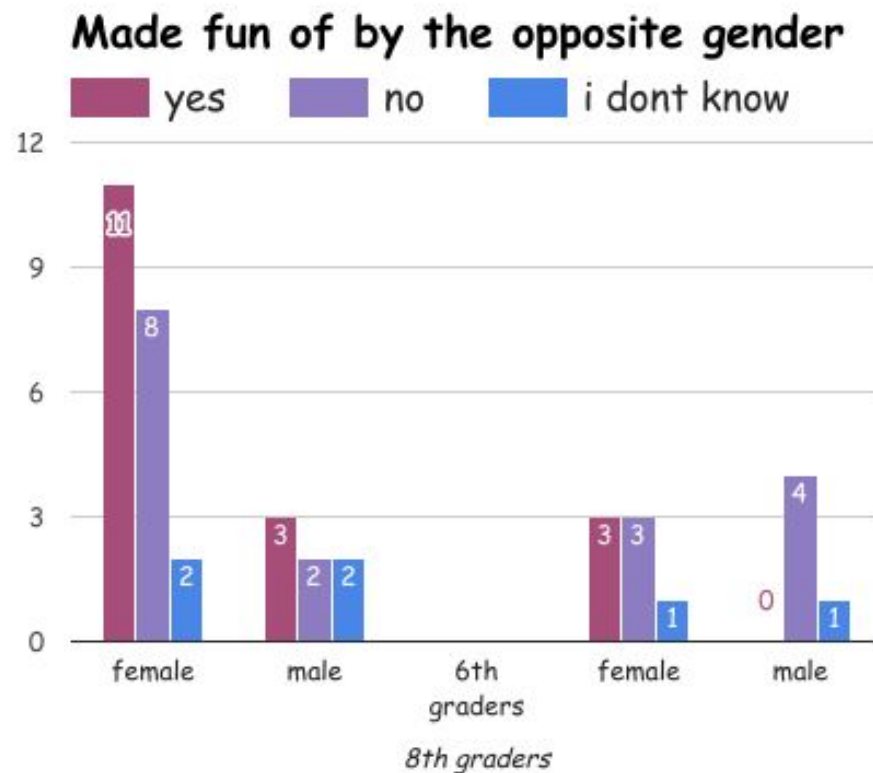
Special notes about handling and or placement or presentation space needed: NONE

Where do I fit in as a person that is not defined by my physical body and how will this impact my future?

Have been made fun of by the same gender

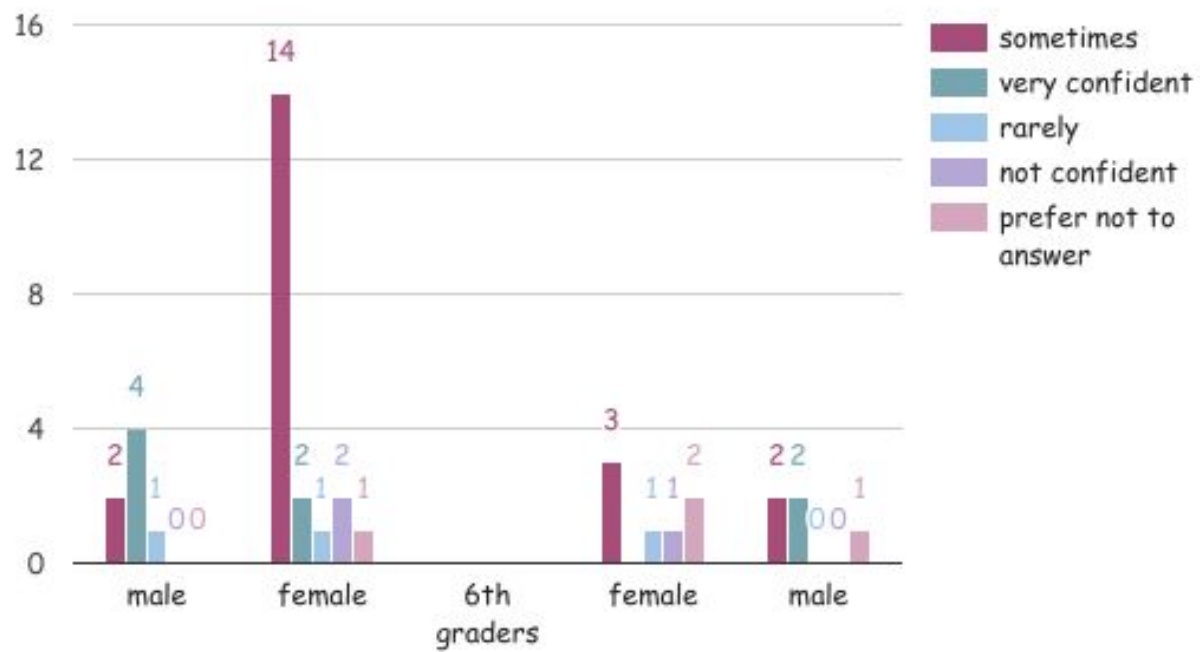


This bar graph shows if the 8th graders and the 6th graders have been made of fun by the same gender. We wanted the students to feel safe to answer as accurately as possible. We decided to include the graphs because we wanted to show the relationship between the same and opposite genders. 10 6th grade girls answered they have been made fun of the same gender while 2 8th grade female girls answered that they've been made fun of the same gender

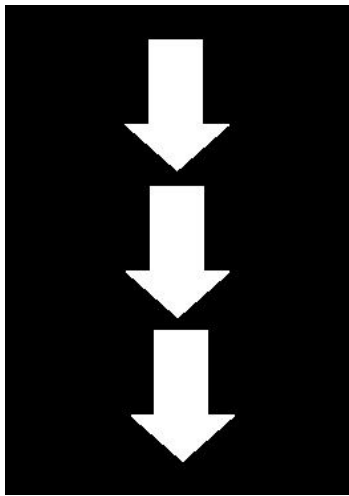


This bar graphs show if the 8th graders and the 6th graders have been made of fun by the opposite gender. We surveyed about 50 students to take a survey about their body image and how they are confident. They were asked to answer the questions as honestly as possible. 3 6th grade boys answered that they've been made fun of by the opposite gender and 0 8th grade boys said they've never been made fun of the opposite gender.

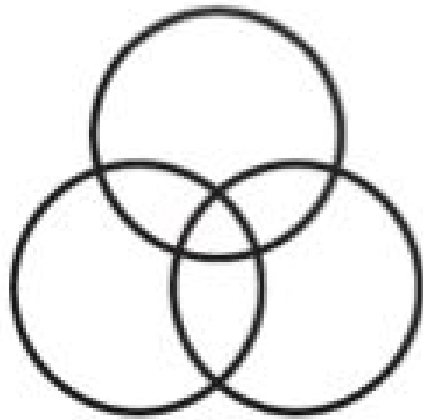
Confidence about their own body



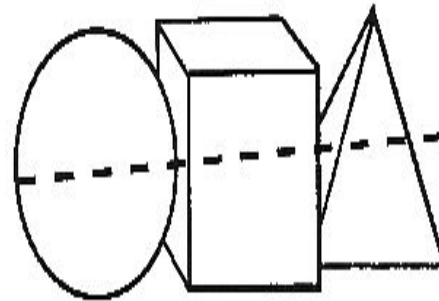
This bar graphs shows the 8th and the 6th graders confidence in there body. This will help us define how each gender acts to one another by the way they look and how the participants feel about in their own body than those who are judging them. Most females are sometimes confident with their body while 2 are very confident with their body. 4 8th grade boys are confident with their bodies and 2 6th grade guys are confident with their bodies.



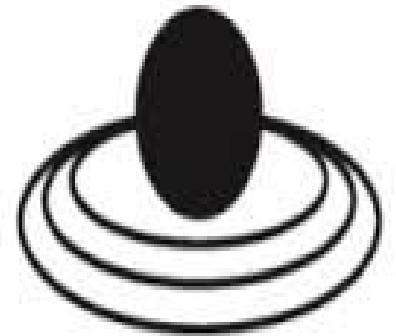
Body image
contributes to



The environment that
shapes body
shaming/image is



Body
shaming/image
influences to health



Body
shaming/image

girls and boys
feeling bad about
themselves and
can even lead to
sucicide.

that it is everywhere
this relates to one of
our generalization
Are Everywhere.

issues for example:
depression and
suicidal thoughts.

impacts people's
life because
some do accecept
who they are and
how they look,
but others don't
accept
themsleves.

